

Trinity Health & Wellbeing



TRINITY

HEALTH & WELLBEING



Protecting Your Workforce

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Welcome Message

At Trinity Health & Wellbeing, we believe that healthy employees are the foundation of successful businesses.

As a trusted provider of occupational health services, we partner with organisations across the NI, ROI, UK, Scotland & Wales to support the wellbeing, safety, and performance of their workforce.

Our experienced team delivers proactive, professional, and tailored occupational health solutions designed to help employers meet their responsibilities, reduce workplace risks, and promote a healthier working environment. From health surveillance and Safety Critical Medicals to fit for work medicals, workplace assessments and wellbeing initiatives, we provide practical support that helps both people and businesses thrive.

We combine clinical expertise with a modern, responsive approach, ensuring our clients receive the highest standard of care and service. Whether you are a small business or a large organisation, Trinity Health & Wellbeing is committed to helping you build a healthier, more resilient workforce.

Trinity Health & Wellbeing are onsite, nurse-led health surveillance that brings professional occupational health services directly to your workplace, reducing employee downtime, and minimal disruption to your operations.



Meet the Team

**NURSE SIOBHAN O'NEILL -
FOUNDER / DIRECTOR**



Siobhan O'Neill is a Registered Nurse with extensive experience in Cardiology Emergency response, Occupational health surveillance, and frontline event medical care. She is passionate about promoting workplace health through prevention, early intervention, and evidence-based clinical practice, helping organisations create safer and healthier working environments.

Holding a Bachelor's Degree in Human Sciences and a Registered Nursing qualification from The Open University, Siobhan has continued to expand her expertise through advanced professional training and nationally recognised accreditations. She is accredited by the British Society of Audiology (BSA) and the Association for Respiratory Technology & Physiology (ARTP), is Advanced Life Support (ALS) trained, and is a member of the Royal College of Nursing (RCN) and the Society of Occupational Medicine (SOM).

Siobhan delivers a comprehensive range of occupational health services, including health surveillance, audiometry, spirometry, safety-critical medicals, fitness-for-work assessments, and workplace wellbeing programmes. Alongside her occupational health role, she has extensive experience providing emergency medical care at major public events, bringing a calm, professional approach to high-pressure clinical environments.

Committed to delivering exceptional care with compassion and integrity, Siobhan works closely with employers and employees to provide practical, reliable occupational health solutions that support both individual wellbeing and organisational success.

Meet the Team

**NURSE KAREN SCORER -
CO FOUNDER / DIRECTOR**



Karen Scorer is a Registered General Nurse with extensive experience across primary care, military healthcare, emergency care, and occupational health.

Her broad clinical background enables her to deliver evidence-based occupational health services that support employee wellbeing, workplace safety, and regulatory compliance across a wide range of industries.

Throughout her career, Karen has worked as both a Practice Nurse and a Military Nurse with the Queen Alexandra's Royal Army Nursing Corps (QARANC), providing healthcare and support to service personnel and their families.

She currently works in emergency care, where she delivers comprehensive patient assessments and timely clinical interventions in fast-paced environments, bringing calm, professionalism, and clinical expertise to every situation.

Karen specialises in occupational health services including spirometry, HAVS Tier 2 assessments, skin health surveillance, workplace health assessments, immunisation programmes, employee health screening, and first aid training.

She is an Accredited Spirometry Practitioner, HAVS Tier 2 Practitioner, and a qualified First Aid Trainer, with a strong commitment to promoting prevention, early intervention, and healthier workplaces.

Known for her compassionate and practical approach, Karen works closely with employers and employees to provide trusted occupational health solutions that protect workforce health, reduce risk, and help organisations meet their occupational health responsibilities.

Accreditation & Professional Recognition

ACCREDITED BY:



Resuscitation Council (UK)



The Open University



HSQETM
.co.uk

Our Mission & Vision

OUR MISSION

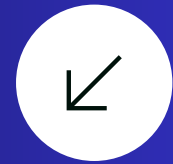
“To protect workforce health, support employer compliance, and help organisations build healthier, safer and more productive workplaces through trusted occupational health expertise.”

Trinity Health & Wellbeing exists to make world-class occupational health accessible to every UK business, regardless of size or sector. We believe that a healthy workforce is not simply a compliance obligation it is the foundation of a productive, resilient, and engaged organisation.

OUR VISION

To be the most trusted occupational health partner for UK businesses delivering proactive, tech-enabled health



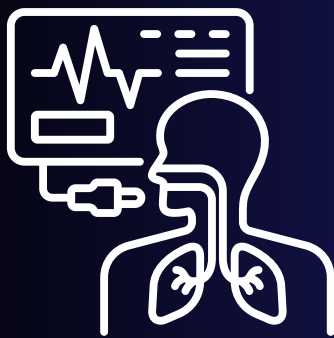


Our Services

Health Surveillance

Audiometry - Protecting Employee Hearing

Audiometry is a hearing test for employees regularly exposed to workplace noise. It helps detect early signs of noise-induced hearing loss, enabling employers to protect staff and comply with Noise at Work Regulations. Our assessments include clear reports and practical recommendations to support hearing conservation.



Spirometry - Monitoring Respiratory Health

Spirometry is a simple, non-invasive lung function test used to assess respiratory health in employees exposed to dust, fumes, chemicals, or airborn contaminants. Regular monitoring can detect early changes in lung function before symptoms develop.

Hand Arm Vibration Syndrome (HAVS) - Preventing Long-Term Injury

HAVS health surveillance helps identify employees who may be developing symptoms caused by prolonged use of vibrating tools and equipment. Early detection is essential in preventing permanent damage to the hands, fingers, and arms while ensuring businesses comply with health and safety legislation.





Our Services

Skin Surveillance - Early Detection of Occupational Skin Conditions

Skin surveillance is designed for employees exposed to irritants, chemicals, oils, resins or frequent wet work that may increase the risk of occupational dermatitis or other skin conditions.



Biological Monitoring Measuring Exposure to Hazardous Substances



Biological monitoring assesses the amount of hazardous substances that have entered an employee's body through workplace exposure. By analysing biological samples where appropriate, employers can evaluate whether existing control measures are effective and ensure employees remain protected from potentially harmful substances.

Face Fit Testing - Ensuring Respiratory Protection Works

Respiratory Protective Equipment (RPE) only provides effective protection if it fits the wearer correctly. Face Fit Testing ensures that tight-fitting masks create the correct seal, giving employees the protection they need.





Our Services

Management Referral - Supporting Employers & Employees

Management referrals provide employers with independent occupational health advice when an employee's health may be affecting their ability to work.

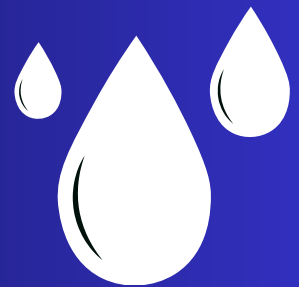


Escalations - Specialist Occupational Health Support

Some cases require additional clinical assessment or specialist intervention. Our escalation service ensures employees receive timely access to the appropriate occupational health expertise.

Blood Lead Testing - Monitoring Lead Exposure

Blood Lead Testing is carried out for employees working in environments where lead exposure presents a potential health risk. Regular monitoring helps ensure exposure levels remain within safe limits, supports compliance with the Control of Lead at Work Regulations (CLAW).



Business Sectors

Business Sectors



Construction



Engineering



Manufacturing



Automotive



Offshore



Utilities



Aviation



Transport & Logistics



Healthcare



Education



Food & Drink



And many more.



Trinity Health & Wellbeing



TRINITY
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Contact Information



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